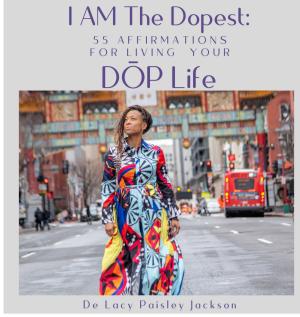
I AM The Dopest

55 Affirmations for Living Your DŌP Life

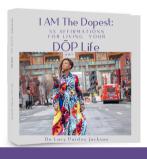




About the Book

Live the life you've always dreamed. Let go of self-limiting beliefs and unnecessary suffering. The 55 DOP Life affirmations will allow you to tap into your true, dope self. Along with the affirmations De Lacy delivers captivating, charismatic encouragement which renews your swagger allowing you to be the dopest.

About the Author



De Lacy Paisley is an author, dynamic speaker, Life and Health coach, and a DŌP individual who created the DŌP Life platform as a part of her DŌP Life Detox Program. An overcomer of domestic violence, homelessness, a speech impediment, and an autoimmune disease De Lacy found different tools to help on her journey to her own DŌP Life.

She is a Certified Integrative Nutrition Health Coach and has spent over 20 years in leadership in Corporate America. As a mom of amazing adult children who are also student-athletes she has a passion for helping others see and become their true DOP selves.

What's Inside will help you:

- Learn how to use affirmations to create the DOP Life you deserve
- Understand what it means to be DOP On Purpose
- Feed your mind, body and soul the positivity needed to manifest what you want
- Replace negativity with positive vibes to attract your DOP Life
- Be DOP, Because You Are!

Purchase the book at doponpurpose.com